# MEDICAL STAFF SERVICES NEWSLETTER

# January / February 2018

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Comings and Goings FORWARD THINKING From the Chief Medical Officer

**DID YOU KNOW...** 

Upcoming events and information

### MIDLAND QUALITY ALLIANCE

Introductions and Information

# COMINGS AND GOINGS

## WELCOME OUR NEW PROVIDERS:

Naveed S. Anwar, MD Floyd Barry, MD Mamoun Bashir, MD Ashley Bell, PA-C Deepika Davalla, MD Mark Eilers, MD Timothy Gutierrez, MD Josepha P. Immanuel, MD Bethany Morris, PA Sai S. Mungara, MD Prem K. Nair, MD Muhammad R. Puri, MD Ramakrishna R. Veluri, MD Tele Psychiatry

Nephrology Pediatrics Nephrology Emergency/Ambulatory Medicine Internal Medicine Orthopedic Surgery General, Thoracic, Colon & Rectal Surgery Tele Psychiatry Physicians Assistant/Orthopedics Internal Medicine Internal Medicine Tele Psychiatry

Permian Nephrology Pediatric Hospitalist Permian Nephrology MEM MIMA **Basin Orthopedics** MSA Virtual Med WTO TTUHSC TTUHSC Virtual Med Virtual Med

## GOOD BYE AND WELL WISHES TO:

Phil W. Chung, DDS Khalid A. Ghazy, MD Joseph Heath, MD Bradford Glass, DPM, (Honorary) Edward Lucas. MD Jim K. Maruthoor, MD Linda McGuire, CNM Lavi Oud, MD Chelliah Pandian, MD Ripal Patel, MD Rebecca D. Reeves, PA-C Laura Stanley, RN Hariprasas S. Trivedi, MD

Oral Surgeon Family Medicine Psvchiatrv Podiatric Surgery **Emergency Medicine** Internal Medicine Certified Nurse Midwife Internal Medicine Internal Medicine **Emergency Medicine** Physician Assistant/Orthope Surgical Assistant Nephrology

Due to a family emergency, the upcoming Valentine's Dance has been cancelled.

Marian will be in touch soon with the next scheduled event.

MIDLAND HEALTH

Core Action Value #1 HENTIC

The greatest triumph of the human spirit is to become the unique and special person you were meant to be; the greatest tragedy is to successfully pretend to be someone else.

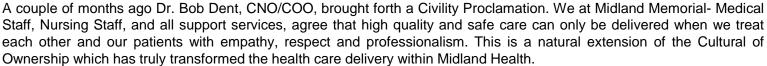


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# **Forward Thinking**



LAWRENCE WILSON, MD, MBA, FACEP Chief Medical Officer Vice President, Medical Affairs 432-221-4976 office 432-416-0059 cell lawrence.Wilson@midlandhealth.org



I thought about this last week when I came upon an Op-ed in <u>The Wall Street Journal</u> titled, America "Needs More Gentlemen". The author, Peggy Noonan, points out that, "The age of social media has worked against the ideas of decorum, dignity and self-control." She points out that to be a gentleman (or a lady) it is more than memorizing patterns and behaviors such as holding doors for others or standing when someone enters the room. Paraphrasing, a gentleman is an encourager of others...

She notes that a 19<sup>th</sup> century theologian, John Henry Newman, said, a gentleman tries not to inflict pain. He tries to remove obstacles "which hinder the free and unembarrassed action of those about him." He is "tender toward the bashful, gentle toward the distant, and merciful toward the absurd...He is never mean or little in his disputes, never takes unfair advantage."

This speaks as loudly in the 21<sup>st</sup> century as in the 19<sup>th</sup> century. Civility, or gentlemanly behavior, is behavior that allows all members of a social organization to feel safe and comfortable speaking up. It assures proper communication and service is delivered because everyone feels empowered. Please join me in embracing the Civility Proclamation and may we all behave as Ladies and Gentlemen.

https://www.wsj.com/articles/america-needs-more-gentlemen-1516320167

### Seamless coordination of care, excellent communication and team work ---

### saving lives at Midland Memorial

In case you haven't heard, this has been a hard hitting flu and virus season. Record numbers hitting the ER daily. 268 lives cared for in the ER one day this past week.

In the middle of all that a 60 something gentleman arrived having an MI. He was quickly diagnosed and a STEMI alert was called. The wheels started turning, but this guy was hit hard and went into V-tach and V-fib. He was coded and defibrillated multiple times in the ED. He made it to the Cath Lab and diagnosed with critical disease requiring bypass surgery. Between the Cath Lab, the CV OR and his critical care time, he was coded and defibrillated at least fifty (50) more times. All of which were successful, but his myocardium remained irritable and required electrophysiologist's expertise.

Ultimately he was transferred to Baylor where he was defibrillated as many as fifty (50) more times where they were able to ablate the irritable foci and stop the fibrillation. He had a pace maker placed and was able to walk out of the hospital.

That is heroic work made possible by Nurses, Doctors and other professionals coming together with a united goal. It required excellent communication across disciplines, and specialties. May we translate that excellence to all the service we deliver! Kudos to all involved:

Continued on next page -

# **Forward Thinking**

Continued from page 2

ED Team Members - Dr. John Petersen, Audrey Carrasco, RN and Brenda Campos, RN

Patient was admitted to **CCU under Texas Tech Internal Medicine** -Dr. Catalasan and Residents, Dr. Gad, Dr. Phan and Dr. Tabasam.

The patient developed Torsade's subsequently coded. After ROSC, the patient was sent to the Cath Lab. Afterwards, the patient coded again from v-fib & was successfully defibrillated. <u>CCU nurses</u> who provided care for this patient were Stephanie Amparan, RN, Francisco Baeza RN, Justina Collum, RN, Aimee Marshall, RN, Mary Lawrence, RN and Candice Voake, RN.

<u>First Code team members</u> Dr. Gad, Mary Lawrence RN, Khristi Prince RN, Edgar Gonzales RRT, Dion Roundtree RN, and Tami Jones RN.

<u>Second Code Team members</u> Dr. Coffman, Mary Lawrence RN, Khristi Prince RN, Tami Jones RN, Dion Roundtree RN, Jason Lewis RRT, Erica Barrios RRT.

### Cath Lab members

Dr. PJ Patel, Kimberley Latona RT, Misty Allen RN, Brenda Sarapao RN, and Tonya Dawson RT are the team members who performed the angiogram, inserted the balloon pump, and activated the CVOR team.

### **CVOR members**

Dr. Stanton Awtery, Ray Marque (Perfusionist), Dr. Mike Jones, Samuel Baumgardner (PA-C), Erick Chalambaga (Anesthesia Tech), Jenna Burns RN, Kristi Foran RN, Janice McCrohan ST, and Lisa Dagley ST) are the team members that performed emergency cardiac bypass (5 jumps).

Our thanks to the physicians that have been engaged in the Beacon project development. These physicians have taken time from busy practices to assure that the tools to practice more efficiently when we launch the new platform in June will be in place. We are already seeing some of the improved functions such as medication reconciliation and that we will have improved access to data. In coming months more of the working system will be available. Training will begin soon afterward. Remember, the better acquainted we all are with the system in advance the easier the transition will be. Training is estimated to be between four and eight hours depending upon your level of use within the system.

Thank you to the Beacon project physician leaders:

- Hospital based Physicians
  - Hospitalists
    - Dr. Kavitha Bagadi
    - Dr. Allen Gibson
  - Radiologists
  - Dr. Larry Edwards
  - Anesthesiologists
    - Dr. Shane Huffman
  - Emergency Department
    - Dr. John Petersen
- ✤ 501a Physicians
  - Permian Cardiology
  - Dr. Mike Miller
  - West Texas Orthopedics
    - Dr. Adams
  - Premier Physicians
    - Dr. Juan Gil

- Obstetrics/Gynecology
  - Dr. Ben Doke
  - > Dr. Eliseo Rivera
- Hand/Plastics
  - Dr. Kevin Cook
- Sari Nabulsi
- ♦ General Surgeons
   ▶ Dr. Parker Bassett
- ♦ Urologists
   ▶ Dr. Mike Dragun
- Ophthalmologists
   Dr. Hirshad Shah



# Roses are red, Violets are blue...

## Learn about BEACON, and grab some cake, too! -

Come learn more about Beacon Training, Go-Live, and the Patient Portal. The Cerner Project Team and Midland Health HIS Facilitators will also be present to answer any questions you may have. Visit midlandhealth.org/beacon for more information.



### **501A** Celebration

Wall Street Internal Medicine and Wall Street Family Medicine 2402 W Wall Street 12PM-1:30PM

## West Campus Celebration

West Campus Dining Room 4214 Andrews Highway 2PM-3:30PM

### **Main Campus Celebration Private Dining Room** 11:30AM-1:30PM Front Lobby

### **Legends Park Celebration** Legends Conference Room

11:30AM-1:30PM

### **501A Celebration**

Wall Street Pediatrics, Ste B 1900 W Wall Street 12PM-1:30PM

Stay tuned for more information about upcoming events. For all questions or additional information about Beacon, please email

Beacon.Project.Communicatio ns@midlandhealth.org

or visit

midlandhealth.org/beacon







11.3.17						
		12.12.17	3.23.18		05.30.18	
	System Build		Testing	Training	$\overline{}$	Go-Live June 1, 2018
					4	
		System Build	We Ar	System Build Testing We Are Here	We Are	We Are



The Medical Staff Services Department is raffling off this Valentines Basket valued at over \$125. The money will be used to assist in purchasing school supplies, Christmas gifts and other items identified for hospital employees throughout the year. This is the first of many baskets the Department will raffle. Stop by the office and check it out!



### Total Knee Arthroplasty is being removed from the Medicare Inpatient Only List FY18 --- for more information https://www.cms.gov/Newsroom/MediaReleaseDatabase/Factsheets/2017-Fact-Sheet-items/2017-11-01.html#

## ornish lifestyle medicine

### **Curry Sweet Potato Soup** (serves 2):

Puree = 1 c vegetable broth (from freezer stock) + 1 baked sweet potato (mashed) + curry powder + 1/4 c black beans + 1/2 clove minced garlic + 1/4 c finely diced onion

### Directions:

1.

- Prep ingredients
- 2. In dry nonstick skillet over medium heat, add onion, garlic, and curry powder, cook, stirring for about 1-2 minutes until onion and garlic are translucent and lightly browned.
- 3. Add stock and mashed potato and bring to boil, stirring until smooth
- Reduce heat and simmer 4 for about 10 minutes

#### You can submit ideas, announcements and important information to be published in the newsletter to missy.taylor@midlandhealth.org

Flu/Isolation Masks supplies running low!

Infection Prevention would like to prevent a shortage as the usage of masks continue to rise. NON-PATIENT CARE STAFF should consider utilizing the mask as long as possible before changing out and obtaining a new mask. STAFF CARING FOR PATIENTS ON DROPLET **ISOLATION** SHOULD WEAR A NEW MASK UPON EACH PATIENT CONTACT/ENCOUNTER.

### MASK ETIQUETTE:

DID YOU KNOW.

- Masks are on or off. Once the mask is removed from face it should not be saved for later, but instead discarded in a trash can.
- Masks should not be pulled down around the chin area or worn in that manner, nor hang around the neck.
- Masks that become moist or wet need discarded and get a new mask.
- Masks should cover your NOSE and MOUTH.

Always perform hand hygiene before donning your mask; remove the mask by the ear loops and perform hand hygiene again.

# Pharmacy Updates

Update on critical meds in short supply (nationwide backorder status):

- Small-volume IV fluids 150ml or less (NS, D5W)
- ~ Hydromorphone inj: we are able to get bulk vials which we are using to draw up 2mg syringes in the IV room.
- Morphine inj: all we can get at the moment is 10mg/10ml preservative-free.
- Dopamine pre-mix bags: there are zero on-hand, including crash carts. Vials are still available and can be used to make patientspecific bags in the IV room.

The pharmacy has recently received some acetylcysteine 20% 4ml vials. As of the time of this writing we have 500 vials in stock. Please note the product is also on nationwide backorder, and our distributor is allocating supply.

Please let me know if you have any questions.

Tim Warpula, RPh, MSHCA Director of Pharmacy

Val Sparks, MSN, RN, CIC Infection Prevention and Control





Т

vices



**Medical Staff Service Department** 

**Employee Spotlight** 

	I
Thelm	Staff Serv nent Lead -2262

Departmental Lead. She started her credentialing career in Snyder, Texas in 2001. She joined the department upon her move to Midland in 2016.

Thelma enjoys going fishing with her husband and spending time with her 23 year old son, 22 year old step daughter and her two dogs.

Thelma has recently been name Medical Staff Services

# Now open for walk ins and appointments

# HEALTH & WELLNESS CENTER

Midland Health cares about your wellbeing. It can be stressful juggling your loved ones or your own sickness with the expectation of work. Beginning January 1, 2018, Midland Health has made it convenient for you and your covered dependents to get care with minimal waiting time. You now have access to a near-site clinic at negotiated rates. A \$50 per visit fee covers the full cost of most services provided including office visits and routine labs. Each \$50 per visit fee will be applied to your deductible. Once your deductible is met, you will continue to pay the \$50 per visit. The clinic is an excellent alternative that offers convenience and a reduced fee for services. Services are provided for children two years of age and above.

The Health & Wellness Center treats acute conditions, of severe and sudden onset including:

DID YOU KNOW...

	Monday th 8am-10a 10am-7:30pm	am V	/alk-In		709 Midla (432) 289	W. Loui and, TX 9-7200	
lf y	vou are in need of Acute S	ervio	es, visit the Health & Wellr	ness	Center:		
4	Well-Child Exam						
¢	Vaccinations						
•	Refill of Medications						
Un	covered Services include	, bu	t are not limited to:				
¢	ADHD	4	High Blood Pressure		Depression	č	Thyroid
٠	Asthma		Anxiety	4	High Cholesterol	۲	Diabetes
			at last a long time and per r for any Chronic Conditio			/ered at	the clinic. Please continue
Ca	re Choice Plus Network. T	'he e	dered, the order will be se mployee will be responsibl	e for	deductible and coinsu	urance a	mounts.
٢	Fasting Blood Sugar	•	Strep A and B	٠	UA	¢	Spirometer
•	Lipid profile	1	A1C	4	Influenzas A & B	•	EKG
Th	e Health & Wellness Cente	er pro	ovides in-house lab service	s as	part of the per visit fee	e. The in	-house labs are as follows:
•	Cough	•	Stomach pain	. «	Rash	•	Vomiting
¢	Congestion	< C	Lice		Pink Eye	¢	Sneezing
۲	Body Aches	•	Hives		Nausea	٠	Sinus pressure
•	Bruises	d.	Fever	4	Migraine		Shortness of Breath
¢	Asthma Acute Episode	¢	Elevated Blood Pressure		Flu shots		Scrapes
•	Allergic Reaction		Dizziness	<	Physicals	•	Runny Nose

# Upcoming CME Opportunities

The Promise of a Changing Landscape in the Management of Advanced

**HEPATOCELLULAR CARCINOMA:** 

THE ROLE OF IMMUNTHERAPY

PROGRAM DESCRIPTION This case-based live activity will cover the diagnosis, treatment, and management of patients with liver cancer and liver diseases.

TARGET AUDIENCE \ This activity is designed to meet the educational needs of medical oncologists, hepatologists, nurse practitioners, physician assistants, pharmacists, oncology nurses, and other health care practitioners who care for patients with hepatocellular carcinoma

LEARNING OBJECTIVES Upon completion of the program, attendees should be able to:

- · Describe current immunotherapy agents' mechanisms of action and their effects on tumorigenic immune pathways in HCC
- Discuss the current systemic targeted treatment options for patients with advanced HCC · Review the current clinical trial data for emerging immunotherapeutic compounds to advance the
- knowledge of their efficacy, safety, and appropriate use in patients with advanced HCC Recognize and improve management of the unique immune-related adverse events associated with immunotherapy in the treatment of hepatocellular carcinoma

ACCREDITATION STATEMENT \ Med Learning Group is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. This CME activity was planned and produced in accordance with the ACCME Essentials.

CREDIT DESIGNATION STATEMENT Med Learning Group designates this live activity for a maximum of 1.0 AMA Category 1 Credit<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the live activity.

NURSING CREDIT INFORMATION Purpose: This program would be beneficial for nurses involved in the management of patients with liver cancer and liver diseases. Credits: 1.0 ANCC Contact Hour

PHARMACISTS Amedco is accredited by the Accreditation Council for Pharmacy Education as a provider pe of continuing pharmacy education. Successful completion of this program qualifies for up to 1.0 contact hours. Full attendance is required. No partial contact hours will be awarded for partial attendance. UAN# 0453-9999-18-013-L04-P(K)

ACCREDITATION STATEMENT Ultimate Medical Academy/CCM is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Awarded 1.0 contact hour of continuing nursing education of RNs and APNs.

DISCLOSURE POLICY STATEMENT In accordance with the Accreditation Council for Continuing Medical Education (ACCME) Standards for Commercial Support, educational programs sponsored by Med Learning Group must demonstrate balance, independence, objectivity, and scientific rigor. All faculty, authors, editors, staff, and planning committee members participating in a MLG-sponsored activity are required to disclose any relevant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services that are discussed in an educational activity.

DISCLOSURE OF UNLABELED USE Med Learning Group requires that faculty participating in any CME activity disclose to the audience their discussion of any unlabeled or investigational use of any commercial product or device not yet approved for use in the United States.

DISCLAIMER Med Learning Group makes every effort to develop CME activities that are science-based. This activity is designed for educational purposes. Participants have a responsibility to use this information to enhance their professional development in an effort to improve patient outcomes. Conclusions drawn by the participants should be derived from careful consideration of all available scientific information. Participants should use their clinical judgment, knowledge, experience, and diagnostic decision-making before applying any information, whether provided here or by others, for any professional use.

For CME questions, please contact Med Learning Group at info@medlearninggroup.com

Contact this CME provider at Med Learning Group for privacy and confidentiality policy statement information at www.medlearninggroup.com/privacy-policy/

AMERICANS WITH DISABILITIES ACT Event staff will be glad to assist you with any special needs (ie, physical, dietary, etc.). Please contact Med Learning Group prior to the live event at info@medlearninggroup.com

### **PROGRAM CHAIR**

Robert G. Gish, MD, FAASLD Robert G. Gish Consultants LLC **Consulting Professor of Medicine** Stanford University San Francisco, California

### FACULTY

Michael Morse, MD Professor of Medicine Professor in the Department of Surgery Member of the Duke Cancer I Durham, NC

### MEETING INFORMATION

Location: Midland Memorial Hospital 400 Rosalind Redfern Grover Pkwy Midland, TX 79701

Meeting Date: Wednesday February 7, 2018

Meeting Room: Conference Room C/D

Time: 12:15 PM - 1:15 PM





# Interdisciplinary Management of Pancreatic Neoplasia

## **Presenters: Prashant S Kedia, MD**

Medical Director of Interventional Endoscopy, MDMC

Alejandro Mejia, MD, FACS Executive Director of Organ Transplantation, MDMC Candice DeLuna, BSN, RN Complex GI Oncology Nurse Navigator - MDMC



Date: February 14, 2018 Presentation Time: 12:15p.m. to 1:15p.m. Location: <u>Conference Rooms C/D</u> Lunch will be available at 12:00 p.m. Food and Space is limited, register ASAP.

**Methodology:** Didactic lecture with case presentation and self-assessment, followed by questions and answers.

Program Focus: Gastroenterologists, Surgeons, Oncologists, and primary care providers.

**Objective:** At the conclusion of this course, the participant should be able to:

- Apply to treatment planning the most up-to-date techniques and therapies for managing localized pancreatic cancer.
- Relate the indications for preoperative therapies for resectable and borderline resectable cancers.
- Identify the role of the modern endoscopist in the management of pancreatic cancer.
- Relate the benefits, limitations, oncological efficacy, learning curve and latest innovations in minimally invasive surgery in order to optimize treatment planning as per The American Journal of Gastroenterology and American College of Surgeons.

## Physicians:

Midland Memorial Hospital is accredited by the Texas Medical Association to provide Continuing Medical Education for physicians. Midland Memorial Hospital designates this live educational activity for a maximum of **1.0** *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The CME Committee has deemed this presentation free from conflict of interest, financial relationships, or commercial support. Midland Memorial Hospital reserves the right to cancel this activity in the event of unforeseen or extenuating circumstances. Pre-registration and questions regarding this activity may be directed to Leigh Milefsky at 221-1533.

# **OR renovations**

## **Important Memo Regarding OR Renovations**

То:	All Employees, Physicians and Guests of the Operating Room
From:	Chris Bejil, Director of Surgical Services
Date:	2/2/2018
Re:	OR Renovations

Starting on February 8, 2018, renovations will begin in the OR locker rooms, break room, physician lounge, and the common corridor that connects these areas. During this time, each area will be displaced for approximately 2 weeks, with phase 1 beginning around February 7<sup>th</sup>, 2018. The total length of the project is estimated to be 10 weeks. Attached you will find a working plan for the renovation.

During the renovation, we are asking your cooperation in the following ways:

- Please empty your locker. The amount of dust created during these projects could
  potentially damage any personal belongings left in the locker room. Any lockers left
  occupied will opened and emptied. When the locker rooms are reoccupied, a locker
  assignment list will be initiated. This way we be able to provide lockers to everyone,
  including those who currently do not have access to one. Every effort will be made to
  ensure those with lockers today, will be able keep their same locker after renovations
  are completed.
- During the renovations, the Physician's Lounge will become a temporary dressing room. The temporary dressing room will not contain lockers. Please protect your valuables by carrying them with you or not bringing any valuables at all. The women's and men's locker rooms will be displaced approximately 2 weeks, for each locker room.
- Please pay close attention to the doors you enter. Each area will be clearly labeled as to
  its function during the construction phase.
- The fire exit near the doctor's lounge will remain open as a fire exit (per code), but will
  not be available as an entrance to the department. For those accustomed to using this
  entrance, please use an alternate route during this time.

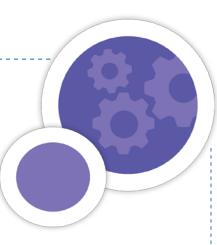
Despite the inconveniences this renovation might cause, we are encouraged by the positive impact the renovations will have on department's appearance cleanliness, and functionality. We appreciate your patience and cooperation during the renovation process.

ANY CHANGES TO THE RENOVATION PLAN WILL BE CLEARLY POSTED IN THE DEPT.

If you have any questions or concerns, contact:

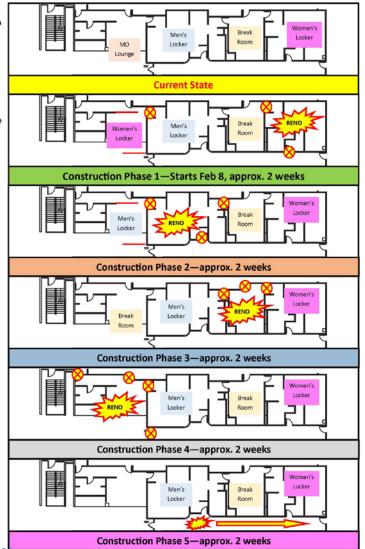
### Chris Bejil, MSN, RN, NE-BC

Director, Perioperative Services Midland Memorial Hospital Off: (432) 221-1170 Cell: (432) 254-9776 Fax: (432) 221-4207 Christopher.Bejil@MidlandHealth.org



## \*\*\*IMPORTANT MESSSAGE\*\*\*

### OR DRESSING ROOM RENOVATION PLAN





# Midland Quality

Alliance

MQA pathway to surviving THRIVING in 2018 and beyond

**MQA Board of Directors** Lawrence Wilson, MD Sari Nabulsi, MD Juan Gil, MD Michael Miller, MD Zachary Castle, DO **Terry Beck, MD** Johnny Flitton, PA-C **Rebecca Pontaski** 

President **Vice President, Chief Medical Officer** 

Secretary

Member Member

Member

**Ex-Officio Member Ex-Officio Member** 

Membership for 2018 will be closed February 22, 2018. There is still time to get your application in. Contact the MQA office at 432+-221-2315 for information.

# Focus On:

Rebecca Pontaski, MHA, CPMSM, CPCS, RHIT

Rebecca currently serves as Administrator for Midland Quality Alliance with responsibility for Network Operations, Finance, and Analytics. She has served the healthcare industry for over 20 years, the last 11 of which have been with Midland Health in Midland, TX.

She has a Masters and Bachelors of Healthcare Administration graduating with honors. Rebecca also serves as a Values Coach and holds numerous certifications in the fields of Healthcare Information as well as those for credentialing and management of medical staff services.



Rebecca demonstrates her constant search for industry improvements in clinical integrated delivery networks, accountable care organizations, medical staff governance structure including bylaws, rules and regulations and accreditation standards relevant to the organization.

Rebecca facilitates several Board of Directors' initiatives within Midland Quality Alliance through Quality and Clinical Integration, Membership and Standards, and Finance and Contracting committees. She continues to advise the medical staff to enhance orientation for medical staff, resident and medical student training programs.

She also serves as a consultant to Team Med Global, presenting programs relevant to the education of future medical staff professional, physicians and peers in credentialing processes and peer review.

Rebecca is devoted to her husband, Larry, and her family. She recognizes the need for building community relationships serving currently in the local Church on Wheels Soup Kitchen. Knowing the value of personal balance, she enjoys quiet time with a good book, Zumba exercise, as well as attending soccer games and gymnastic recitals.

# Heather Garza, RN --- MQA Care Manager

The Midland Quality Alliance Care Management Program (MQACMP) is underway and I may have already outreached some of your patients that have been identified as moderate to high risk. The goal of the care management program is to assist you and your patients achieve the care metrics goals outlined by Midland Quality Alliance (MQA) and to promote health and wellness to those that you serve.

I am a registered nurse with over 21 years of varied nursing experience, and most recently acute care case management experience. I can provide your patients with medication education and possible financial assistance with obtaining their medications. I can connect them with community resources as needed, and help you and your clinic staff promote compliance with treatment and care. Through secured sharing of documentation, you will have the opportunity to review your patient's care management assessment, the patient's healthcare goals and the progress towards their goals and collaborate in a plan to achieve your patient's optimal level of wellness and meet the MQA care metrics.

Please consider sending a referral by phone or e-mail on any MQA patients that you feel could benefit from this service and I would be happy to engage them in our program.

I can be reached at 432-221-3456, Monday through Friday 8am – 5pm, or by e-mail at <u>heather.garza@midlandhealth.org</u>.







### What Is MQA?

MQA (Midland Quality Alliance) is our new and expanding network of healthcare delivery for members and their dependents on the MMH medical plan. MQA is a physician and provider-led organization with a goal of enhancing quality of care, patient engagement, and provider engagement.

### Goals

Our patients are always our top priority. This includes engagement in care, quality of care, and safety. We strive to be a good stewardship of resources—taking careful consideration of healthcare, health systems, and consumer resources by assuring efficient use of the healthcare resources. We also strive to base process improvement upon measurable outcomes and data, and make sure steps are taken to improve patient care is performed in a way to assure the providers work satisfaction is not compromised or enhanced. We will also utilize information technology to enhance communication and sharing of information between providers about patient care, and with patients about their care.

#### What Does This Mean for Midland Health Beneficiaries?

MQA Is here to keep Midland Health employees and their families well, keep the cost of healthcare as low as possible, and provide convenient, accessible care options. By accessing MQA physicians, you are a good steward of yours and the hospital's resources. The hospital pays 90% of the cost of your services. You pay 10% coinsurance after your deductible is met. This means better quality care and more money in your pocket! Look for Tier 1 providers within the MQA for all your healthcare needs.

### What Is an Accountable Care Organization (ACO)?

An ACO is a healthcare organization that ties payments to quality measures and the cost of care. ACOs are formed from a group of doctors that are committed to being accountable to patients and payers for the quality, appropriateness, and efficiency of healthcare services that are delivered. ACOs are all about doctors, hospitals, health plans, post-acute care facilities and others working together to make sure you get the right care at the right time and at the right cost.

### How Does It Work?

Your primary care doctor leads a care team that includes physician assistants, medical assistants, and registered nurses to help manage your health—if you have been diagnosed with a complex illness—and make sure your preventive services are up-to-date so that you stay healthy throughout the year.

Your primary care doctor uses electronic health records (shared securely with other doctors and care managers throughout the health system). These help keep you and your care team on the same page—in regard to other specialty doctors you may be seeing—keeping record of medicine(s) you're taking, your health history, and your test results—in real time. These records also help your doctors spot any gaps in your care.

#### **Midland Quality Alliance**

Questions?

Rebecca Pontaski, MHA, CPMSM, CPCS, RHIT Administrator | 432.221.2315 midlandqualityalliance@midlandhealth.org midlandqualityalliance.com

### Midland Health Human Resources

Millie Navarette Benefits Manager 432.221.4621 Benefits | UMR 866.868.7406